

“Not everyone gets pleasure out of feeling fear,” says Letamendi.
“Not everyone likes getting scared.”

But, fear is a powerful emotion. It can make the most banal activity to you seem an insurmountable obstacle to others.

Even Letamendi admits she is terrified of Freddy Kruger and will never see those movies, despite all her knowledge and training.

But the real question is: do we truly have nothing to fear, but fear itself?

Sleep tight.

David
The definitive host

Category

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